
POSITIVE ORGANIZATIONS CONSORTIUM MEETING

THEME: Psychological Safety and Thriving

At this meeting, participants will learn how we can create a thriving culture that builds people's psychological safety and what steps we will take to positively transform our organizations.

DATE: Wednesday, May 13, 2020

TIME: 9:30 a.m. – 4:30 p.m. ET

ZOOM LINK: <https://us02web.zoom.us/j/85637666110> (for joining via phone: find your local number)

AGENDA

Upon joining the meeting, please take a moment to update your displayed name to include your 1) first name, 2) last name, and 3) affiliation. You can change this information by clicking on "Participants" → "More" (by hovering over your name) → "Rename."

9:30 – 9:40 a.m.

Welcome & Introductions

9:40 – 12:40 p.m.

Michelle McQuaid, a Researcher, Best-selling Author, Workplace Well-being Teacher, and Playful Change Activator

Do Your People Have the Psychological Safety They Need to Thrive?

We will cover:

- Why it is important to start building psychological safety at the *Me* level: scientific relationships between thriving and struggling, how psychological safety predicts individual performance, and ways to intentionally build psychological safety
- What does it look like to cultivate psychological safety at the *We* level: curiosity, compassion, caring, and other factors activating the growth mindset to create a positive and supportive culture
- Leverage the organizational system to foster psychological safety at the *Us* level: the power of appreciative inquiry to invite people into the dialogue and start changing the conversation

12:40 – 12:45 p.m.

Announcements

12:45 – 1:30 p.m.

Lunch Break (on our own)

1:30 – 4:00 p.m.

Michael O'Brien, Partner, The Pacific Institute

Design Session on Psychological Safety and Thriving

In this session, Mike will guide us through a series of exercises and activities based on research where we will have the chance to individually and collectively reflect on our understanding of psychological safety and thriving, generate action steps for building a thriving organizational culture, and take the next step towards creating a world where psychological safety is the norm.

4:00 – 4:20 p.m.

Q&A Session

4:20 – 4:30 p.m.

Closing

Session Survey and Wrap-Up