

7TH BIENNIAL

POS RESEARCH CONFERENCE

Illuminating Research for a Positive Future



JUNE 23-24, 2015

DISNEY'S CORONADO SPRINGS RESORT
LAKE BUENA VISTA, FLORIDA

Research Breakout Session: Energy and Thriving at Work

Curator: Christine Porath

This session focuses on energy, thriving, and employee well-being. Presentation topics include giving and relational well-being, energizing interactions at work, recovery experiences, and a measure of well-being.

Papers Presented (alphabetical order)

“Evolution of Energizing Relationships within Organizations”

Authors: Alexandra Gerbasi, Andrew Parker, Christine Porath, & Kristin Cullen

“Let Me Count the Ways: How Giving Meaning to Others Fuels Performance at Work”

Authors: Christine Porath, Alexandra Gerbasi, Gretchen Spreitzer, Andrew Parker, & Rob Cross

“Recovery Experiences and Perception of Social Resources: A Profiling Study Among Workers in the Non-profit Sector”

Authors: David Hatier, Marie Gwen Castel-Girard, Anais Thibault-Landry, Audrey Murray, & Louis Baron

“Relational Well-being in the Workplace: A Social Perspective of How the Recipient Benefits and the Provider Suffers”

Authors: Virginie Lopez-Kidwell, Daniel Brass, & Steve Borgatti

“The Workplace PERMA-Profiler: A Tool for Monitoring Employee Well-being”

Author: Margaret Kern