



Quick-Start Method

Consider and complete these sentence starters. If you get stuck on one, just move to the next.

1. I am currently working on _____
and I could use help to _____.
2. I am struggling to _____
and I would benefit from _____.
3. My biggest hope is to _____
and I need _____.

Source: Excerpted from Quick-Start method in ALL YOU HAVE TO DO IS ASK by Wayne Baker. Currency (Penguin Random House, 2020). Please do not copy or distribute without permission from the author.

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