Quick-Start Method

Consider and complete these sentence starters. If you get stuck on one, just move to the next.

1. I am currently working on __________________________________________________
   and I could use help to ________________________________________________________

2. I am struggling to _____________________________________________________________
   and I would benefit from ______________________________________________________

3. My biggest hope is to __________________________________________________________
   and I need _________________________________________________________________


For More Information: www.allyouhavetodoisask.com